

## Caring for you and the people you care for



At FWD, we go the extra mile to safeguard your health, taking care of your insurance needs and more. Bringing you FWD HealthFirst, a strategic partnership with MHC where you and your family can enjoy access to quality healthcare services at preferred rates.

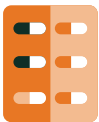
Call our hotline: +65 6820 8888

# FWD HealthFirst programme is a value-added service available to all FWD protection plan policyholders.



## Teleconsultation (virtual)

Enjoy free **teleconsultation** with an experienced healthcare professional from the comfort of your home. **Available 24/7.**



## Medicine delivery

**No more waiting in line for your prescription.**

Get teleconsultation medicine delivered conveniently to your doorstep.



## Services at preferred rates

Get access to **over 600 MHC** General Practitioner (GP) and dental clinics at preferred rates, ensuring that your healthcare costs remain affordable.



## Benefits for your family and dependents

We understand that your family's health is important too. Your **spouse, children, parents and grandparents** can also enjoy all the FWD HealthFirst benefits.

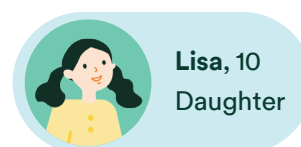
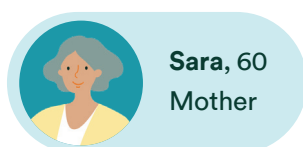
The list of eligible insurance plans are Big 3 Critical Illness, Cancer, Cancer 2.0, Cancer 100, Critical Illness Plus, DIRECT-Term Life, Essential Life, Flex, Future First, Heart Attack, Life Protection, Recover First, Stroke, Term Life and Term Life Plus.

## How it works

Follow John and see how he and his family can benefit from the FWD HealthFirst programme.



He can choose to extend the FWD HealthFirst programme to his dependents at no cost.



They get to enjoy free teleconsultation, preferred rates for GP consultation, flu vaccination, and more.



Sara goes to the GP, instead of the usual consultation fee, she now pays a preferred consultation fee of S\$13.



Tim goes to a dentist for a simple tooth extraction. Instead of the usual walk-in consultation rates, he now pays a preferred rate of S\$90.

## Preferred rates just for you and your loved ones

Service	FWD HealthFirst preferred rates*
<b>Medical</b>	
<b>Teleconsultation</b>	Free
<b>Teleconsultation medicine delivery</b> (7am to 10pm)	S\$5.00 (Waived till 31 December 2023) **
<b>Teleconsultation medicine delivery surcharge</b> (10pm to 7am, outside mainland SG/ restricted areas)	S\$20.00
<b>GP Consultation</b>	S\$13.00
<b>GP Memo</b>	Free
<b>Flu Vaccination</b>	S\$29.90
<b>Dental</b>	
<b>Extraction of 1 tooth (Simple)</b>	S\$90.00
<b>Extraction of 1 tooth (Complex)</b>	S\$150.00
<b>Filling of 1 tooth cavity</b>	S\$90.00
<b>Scaling and polishing</b>	S\$70.00
<b>X-ray</b>	S\$60.00
<b>Oral examination / consult</b>	S\$30.00

\*Rates are subjected to prevailing GST.

\*\*A fee of S\$5.00 will be imposed effective 1 Jan 2024.



Make Health Connect

**We partner with one of the best to bring you the quality care you deserve.**

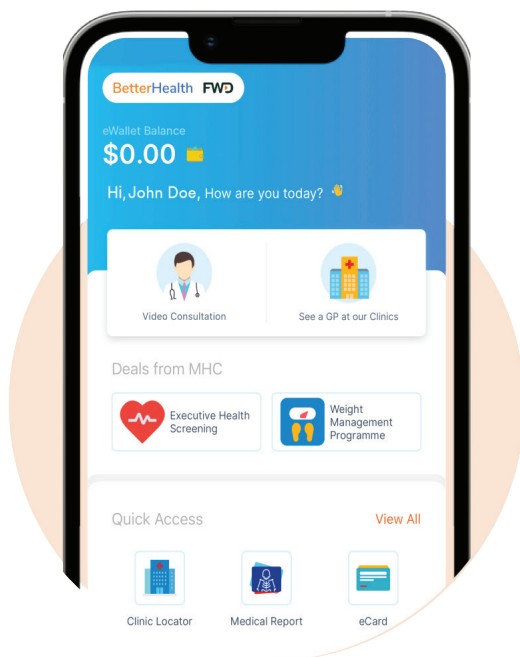
MHC Asia Group is Singapore's leading medical benefits administrator and clinic network provider. MHC has been delivering high quality, cost effective and transparent corporate healthcare solutions since 1994.

With over 600 clinics in Singapore, MHC offers easy access to cashless island-wide medical care.

<https://mhcasia.com/>

# How to get started

Simply own any FWD protection plan to enjoy these benefits.  
Sign up now to start using these exclusive benefits.



1

Click [here](#) to sign up for this exclusive programme

or

scan the QR code to start using these exclusive benefits.



2

You will be redirected to MHC's enrolment portal.

3

Fill in your FWD policy number and other personal details.

4

Receive an email from MHC with instructions to download the **BetterHealth App**.

5

Start enjoying these benefits, including free teleconsultation and more.

## For more information

Please call our hotline or simply  
check out our website

[fwd.com.sg](https://fwd.com.sg)



visit our website  
to find out more



Call our service hotline  
+65 6820 8888

9:00am to 10:00pm  
**Monday to Friday**

9:00am to 1:00pm  
**Saturday**  
(excluding public holidays)

## About FWD

FWD Group is a pan-Asian life insurance business with more than 10 million customers across 10 markets, including some of the fastest growing insurance markets in the world.

FWD reached its 10-year anniversary in 2023. The company is focused on making the insurance journey simpler, faster and smoother, with innovative propositions and easy-to-understand products, supported by digital technology. Through this customer-led approach, FWD is committed to changing the way people feel about insurance.

Please refer to the exact **terms and conditions**.

FWD reserves the right to amend the list of policies that are eligible for FWD HealthFirst.

For more information and before making a commitment to purchase the policy, you may wish to seek advice from your Financial Adviser Representative. This is not a contract of insurance. In the event you choose not to seek advice from a Financial Adviser Representative, you should consider whether the policy is suitable for your needs.

This brochure contains only general information and does not have any regard to the specific investment objectives, financial situation and the particular needs of any specific person. It does not constitute an offer to buy or sell an insurance product or service.

Big 3 Critical Illness, Cancer, Cancer 2.0, Cancer 100, Critical Illness Plus, DIRECT-Term Life, Essential Life, Flex, Future First, Heart Attack, Life Protection, Recover First, Stroke, Term Life and Term Life Plus are protected under the Policy Owners' Protection Scheme which is administered by the Singapore Deposit Insurance Corporation (SDIC). Coverage for your policy is automatic and no further action is required from you. For more information on the types of benefits that are covered under the scheme as well as the limits of coverage, where applicable, please contact us or visit the GIA/LIA websites ([www.gia.org.sg](https://www.gia.org.sg)) ([www.lia.org.sg](https://www.lia.org.sg)) or SDIC websites ([www.sdic.org.sg](https://www.sdic.org.sg)).

This advertisement has not been reviewed by the Monetary Authority of Singapore. Information is correct as at 30 June 2023.